

SATURDAY

Ss Perpetua and Felicity, Martyrs

Perpetua, a young woman with a new born son and Felicity, a pregnant slave girl, died at Carthage (Tunisia) on this day about 203. They were arrested with their catechist and several other African catechumens. Perpetua resisted her father's appeals to renounce her faith. While in prison they were baptized and Felicity gave birth to a daughter. They are remembered for the joyful courage of their final witness to Christ.

Entrance Antiphon:

The law of the Lord is perfect; it revives the soul.
The decrees of the Lord are steadfast; they give wisdom to the simple.

First Reading: Deuteronomy 26: 16-19

You will be a people consecrated to the Lord God.

Responsorial Psalm:

They are happy who follow God's law.

Gospel Acclamation:

Praise and honour to you, Lord Jesus! Blessed are those who, with a noble and generous heart, take the word of God to themselves and yield a harvest through their perseverance. Praise and honour to you, Lord Jesus!

Gospel: Matthew 5: 43-48

Be perfect as your heavenly Father is perfect.

Communion Antiphon:

Be perfect, as your heavenly Father is perfect, says the Lord.

SYNOD PRAYER

Father, we thank you
for the love you have shown us
in the gift of Jesus, your Son.
We thank you for the gift of the Church,
through which you show us
that you are always with us
and are always at work in our lives.

As we journey together to Synod 2020
help us to become the Church that you are calling us to be.
May your Holy Spirit be powerfully
at work among us.
Strengthen each of us and guide Francis, our Pope
and Malcolm, our Archbishop.

Help us to respond
to the challenges of our times in new ways
to bring your love to all our sisters and brothers.
We make this prayer through Jesus Christ Our Lord.
Amen

On some days some parishes may celebrate different feasts and memorials, for which there may be different texts than those printed here. Excerpts from the English translation of The Roman Missal © 2010, International Commission on English in the Liturgy Corporation. All rights reserved. Scripture quotations from The Jerusalem Bible © 1966 by Darton Longman & Todd and Doubleday and Company Ltd. Psalm responses are From The Psalms: A New Translation © The Grail (England) published by Harper Collins.

WEEKDAY MASS SHEET



LENT WEEK I

1st March - 7th March 2020

OUR PRAYERS THIS WEEK

During Lent we are asked especially to pray for: Candidates for the Sacraments; Women; The Needy and Hungry of the World; Penitents and Wanderers.

Evangelisation - Catholics in China We pray that the Church in China may persevere in its faithfulness to the Gospel and grow in unity.

MONDAY Weekday

Entrance Antiphon:

Like the eyes of slaves on the hand of their lords, so our eyes are on the Lord our God, till he show us his mercy. Have mercy on us, Lord, have mercy.

First Reading: Leviticus 19: 1-2, 11-18

You must not pass judgement on your neighbour according to justice.

Responsorial Psalm:

Your words are spirit, Lord, and they are life.

Gospel Acclamation:

Praise to you, O Christ, king of eternal glory!
Shake off all your sins - it is the Lord who speaks - and make yourselves a new heart and a new spirit. Praise to you, O Christ, king of eternal glory!

Gospel: Matthew 25: 31-46

In so far as you did this to one of the least of these brothers of mine you did it to me.

Communion Antiphon:

Amen, I say to you: Whatever you did for one of the least of my brethren, you did it for me, says the Lord. Come, you blessed of my Father, receive the kingdom prepared for you from the foundation of the world.

TUESDAY Weekday

Entrance Antiphon:

O Lord, you have been our refuge from generation to generation; from age to age, you are.

First Reading: Isaiah 55: 10-11

My word shall succeed in what it was sent to do.

Responsorial Psalm:

The Lord rescues the just in all their distress.

Gospel Acclamation:

Praise and honour to you, Lord Jesus! Man does not live on bread alone, but on every word that comes from the mouth of God. Praise and honour to you, Lord Jesus!

Gospel: Matthew 6: 7-15

How to pray.

Communion Antiphon:

When I called, the God of justice gave me answer; from anguish you released me; have mercy, O Lord, and hear my prayer!

WEDNESDAY St Casimir

Casimir was born at Krakow (Poland) in 1458 and died in Lithuania in 1484. He chose celibacy over marriage and favoured prayer and penance rather than his royal privilege. He is remembered for his generous life of austerity and devotion.

Entrance Antiphon:

Remember your compassion, O Lord, and your merciful love, for they are from of old. Let not our enemies exult over us. Redeem us, O God of Israel, from all our distress.

First Reading: Jonah 3: 1-10

The Ninevites repent and God spares them.

Responsorial Psalm:

A humbled, contrite heart, O God, you will not spurn.

Gospel Acclamation:

Glory and praise to you, O Christ! I take pleasure, not in the death of a wicked man - it is the Lord who speaks - but in the turning back of a wicked man who changes his ways to win life. Glory and praise to you, O Christ!

Gospel: Luke 11: 29-32

The only sign given to this generation is the sign of Jonah.

Communion Antiphon:

All who take refuge in you shall be glad, O Lord, and ever cry out their joy, and you shall dwell among them.

THURSDAY Weekday

Entrance Antiphon:

To my words give ear, O Lord; give heed to my sighs. Attend to the sound of my cry, my King and my God.

First Reading: Esther 4: 17

I have no helper but you, Lord.

Responsorial Psalm:

On the day I called, you answered me, O Lord.

Gospel Acclamation:

Glory to you, O Christ, you are the Word of God! Now, now - it is the Lord who speaks - come back to me with all your heart, for I am all tenderness and compassion. Glory to you, O Christ, you are the Word of God!

Gospel: Matthew 7: 7-12

The one who asks always receives.

Communion Antiphon:

Everyone who asks, receives; and the one who seeks, finds; and to the one who knocks, the door will be opened.

FRIDAY

WOMEN'S WORLD DAY OF PRAYER
DAY OF SPECIAL PRAYER FOR
THE HUNGRY AND NEEDY OF THE WORLD

Weekday

Entrance Antiphon:

Set me free from my distress, O Lord. See my lowliness and suffering, and take away all my sins.

First Reading: Ezekiel 18: 21-28

I prefer to see the wicked man renounce his ways and live.

Responsorial Psalm:

If you, O Lord, should mark our guilt, Lord, who would survive?

Gospel Acclamation:

Praise to you, O Christ, king of eternal glory! Seek good and not evil so that you may live, and that the Lord God of hosts may really be with you. Praise to you, O Christ, king of eternal glory!

Gospel: Matthew 5: 20-26

Go and be reconciled with your brother first.

Communion Antiphon:

As I live, says the Lord, I do not desire the death of the sinner, but rather that he turn back and live.